

Healthy 2010 Menu

Healthy Conscious Salads

Garden Medley Salad

Chopped Romaine lettuce, shredded carrots, cucumber, red pepper, shredded red cabbage, and grape tomatoes with a Caraway Vinaigrette dressing.

\$3.50 - per side

\$8.95 - topped with Herb Chicken

\$9.95 - topped with Grilled Steak

entree salads include rolls and butter, plasticware and napkin, mint

Specialty Rings

Feeds 8-10

Tuscan Turkey Ring \$49.50

Boar's Head shaved turkey, roasted red peppers, Muenster cheese, leaf lettuce, vine ripened tomatoes and lemon basil mayo.

Classic Mixed Greens Salad

Chopped Romaine lettuce, Mesclun mix, cherry tomatoes, scallions, hard-boiled eggs, celery, croutons, and yellow peppers with choice of dressing.

\$3.50 - per side

\$8.95 - topped with Sesame Chicken

\$9.95 - topped with Grilled Steak

Healthy New Wrap Trays

\$7.25 Each

Turkey and Havarti Wrap

Shaved Boar's Head turkey, herb cream cheese, Havarti cheese, baby spinach, tomato, and sliced mushrooms in a garlic herb tortilla.

BLT Wrap

Crisp bacon, lettuce, chopped avocado, and tomato wrapped in a flour tortilla with a veggie cream cheese and ranch.

Balsamic Chicken Wrap

Strips of tender chicken marinated in a seasoned balsamic dressing topped with lettuce, portabella mushrooms, and mozzarella cheese wrapped in a flour tortilla.

Healthy Ham Ring \$49.50

Shaved Boar's Head Ham, chopped Romaine lettuce, Roma tomatoes, cucumber and low fat brown sugar apricot mayo.

Healthy New Sandwich Trays

\$7.25 Each

The New Ham & Cheese

Boar's Head sliced Ham, Deli Chicken, Swiss cheese, thin sliced green pepper & yellow squash topped with a horsey Dijon mustard served on fresh sourdough bread.

Antipasto Sandwich

Sliced hard salami, spicy capicola, Colby cheese, red & green peppers, thin sliced red onion, black olives and mushrooms topped with Italian dressing and served on Focaccia bread

Turkey Bagel Sandwich

Boar's Head Sliced turkey, Swiss cheese, thin sliced cucumbers, lettuce & tomato topped with pesto mayo on a fresh whole-wheat bagel.

Healthy Buffets

Grilled Raspberry Glazed Chicken \$12.50 p.p.

Char grilled chicken breast with a sweet & tangy raspberry sauce and Dijon mustard. Served with Rice Pilaf, roasted asparagus, and our new Garden Medley Salad.

Roasted Balsamic Vegetables with Penne Pasta \$12.50 p.p.

A delicious blend of zucchini, red pepper, basil, red onion, eggplant, tomato, and balsamic vinegar served over Penne pasta then topped with crumbled feta cheese and fresh ground black pepper. Served with our Supreme Caesar Salad, rolls and butter.

Low Fat Desserts

Healthified Cream Cheese Brownies \$1.95 Each

Delicious low fat brownies with an tasty cream cheese topping

Wonton Fruit Cups \$2.50 Each

Delicious individual fruit cups with lemon mousse and harvest fruits.

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